

ROBERT S. TRETAWAY, RPh., ATTENDS
BIO-IDENTICAL HORMONE RESTORATION THERAPY CONFERENCE
ORLANDO, FL., OCTOBER, 2007

Seaside Pharmaceutical's Registered Pharmacist, Robert S. Trethaway, attended a Continuing Education Conference on Bio-Identical Hormone Restoration Therapy (BHRT) presented by ZRT Laboratory. Physicians, physician assistants, pharmacists, pharmacy technicians, nurses and nurse practitioners attended the three day accredited course held at the Orlando World Center Marriott in Orlando, FL.

The latest research regarding BHRT was provided by speakers Bridget Freeman, MB; Diana Schwarzbein, MD, David Brownstein MD; George Gillson, MD, PhD; James Wilson, ND, DC, PhD; David Zava, PhD; and Jim Paoletti, RPh.

The presentations provided an overview of the basic pharmacology of sex steroid hormones, including:

- *Their source, secretion and metabolism;
- *Indications, protocols, clinical and non-clinical parameters used for evaluation and medication dosage adjustments of BHRT;
- *How to distinguish between the different types of hormone level measurement and their advantages and limitations, and how to interpret the results;
- *Hormonal and environmental influences on risk of breast cancer and methods of lowering the risks;
- *Influence of nutrition and environmental factors on the function, metabolism and degradation of sex steroid hormones;
- *Understanding the production, metabolism and activities of the thyroid gland and thyroid hormones.

ZRT Laboratory is an industry leader in saliva and blood spot testing and works in close partnership with healthcare providers to provide state-of-the-art hormone testing, interpretation and educational services.

Call or email Seaside pharmaceutical at 912-554-8220 or 4seaside@bellsouth.net for further details on the information presented at the conference.