

LOCAL PHARMACIST ATTENDS BIO-IDENTICAL HORMONE REPLACEMENT SYMPOSIUM

Community Pharmacist, Robert S. Trethaway of Seaside Pharmaceutical in Brunswick, GA, attended an advanced symposium regarding an integrated approach to Bio-Identical Hormone Replacement Therapy (BHRT) sponsored by Professional Compounding Centers of America (PCCA—an accredited provider of pharmacy education). Participants including physicians, physician assistants, Pharmacists, pharmacy technicians, nurses and nurse practitioners attended a two-day Accreditation Council for Pharmacy Education (ACPE) -, Continuing Medical Education (CME) and Continuing Nursing Education (CNE)-accredited course held at PCCA's headquarters in Houston, TX in late January 2007.

The symposium featured the latest information regarding BHRT provided by speakers David Brownstein, MD; George Gillson, MD, PhD; Rebecca Glasser, MD; Kenna Stephenson, MD, FAAFP; Eric Holgate, RPh; Dana Reed-Kane, PharmD; and Lyndell White, PharmD.

The speakers provided in-depth presentations regarding the philosophy of the hormone pathways, the complex interactions of hormones, and their implications on the total health of female patients. The endocrine system and adrenal and thyroid dysfunction were explored, and a variety of hormone balance disorders were discussed, including several case study presentations.

There are several reasons why physicians prescribe medications for patients—the most important one is patient non-compliance. Many patients are allergic to preservatives of dyes, or are sensitive to standard drug strengths. With a physician's prescription, a compounding pharmacist can change the strength of a medication, alter its form to make it easier for the patient to ingest, or add flavor to it to make it more palatable. Pharmacists also can prepare medications using unique delivery systems, such as, troches or lozenges, lollipops and transdermal gels.

Call or email Seaside Pharmaceutical at 912-554-8220 or 4seaside@bellsouth.net for further details on the topics discussed at the symposium.